

# National Institute of Mental Health Outreach Partnership Program

## *Update*

June 1, 2009

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<http://www.nimh.nih.gov/health/outreach/partnership-program/subscribe-to-the-update.shtml>

**U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES  
National Institutes of Health  
National Institute of Mental Health  
Office of Constituency Relations and Public Liaison**

## **Science and Service News Updates**

### **NIMH: Recovery Funds Will Support Evaluation of Suicide Prevention Training**

NIMH is using funds from the American Recovery and Reinvestment Act to provide grant support for the completion of a project under way to evaluate the effectiveness of a new training program for telephone crisis counselors at suicide hotline centers. The rollout of the new training program, which began in winter of 2008, offers an unrepeatable opportunity to assess the benefits of the training. The information could shape telephone-based suicide prevention services across the country. The National Suicide Prevention Lifeline (NSPL), the nation's leading source of immediate help for those dealing with suicide-related issues, is carrying out the training program across its network of crisis centers. The Substance Abuse and Mental Health Services Administration (SAMHSA) funds NSPL.

Press Release: <http://www.nimh.nih.gov/science-news/2009/recovery-funds-will-support-evaluation-of-suicide-prevention-training.shtml>

### **NIMH: HIV Prevention Program Gets a Boost from NIMH Recovery Act Funds**

Developing interventions to reduce the spread of HIV and other sexually transmitted infections among heterosexual men, couples and ethnically diverse populations continues to be complex and challenging. To help address this issue, NIMH awarded a two-year grant to David Pérez-Jiménez, Ph.D., at the University of Puerto Rico, to support the adaptation and assessment of an HIV and other sexually transmitted infection intervention designed for young, heterosexual Latino couples. This grant will use funds allocated to NIMH through the American Recovery and Reinvestment Act to promote economic recovery and spur advances in science and health.

Press Release: <http://www.nimh.nih.gov/science-news/2009/hiv-prevention-program-gets-a-boost-from-nimh-recovery-act-funds.shtml>

### **NIMH: Potential Risk Factors for Suicide Identified Among Teens in Treatment for Depression**

Use of medication did not trigger suicidal thinking among adolescents with depression, but those with persistent and severe depression were more at risk for suicidal events while undergoing treatment, according to a new analysis of data from the NIMH-funded Treatment for Adolescents with Depression Study (TADS). The analysis, which was published in the May 2009 issue of the *Journal of Clinical Psychiatry*, was conducted to better understand what may predict the development of suicidal events during treatment.

Press Release: <http://www.nimh.nih.gov/science-news/2009/potential-risk-factors-for-suicide-identified-among-teens-in-treatment-for-depression.shtml>

### **NIAAA: Prevention Program Helps Teens Override a Gene Linked to Risky Behavior**

A family-based prevention program designed to help adolescents avoid substance use and other risky behavior proved especially effective for a group of young teens with a genetic risk factor contributing toward such behavior, according to a new study by researchers at the University of Georgia. The National Institute on Alcohol Abuse and Alcoholism (NIAAA) and the National Institute on Drug Abuse (NIDA) supported the study, which appears in the May/June issue of *Child Development*.

Press Release: [http://www.niaaa.nih.gov/NewsEvents/NewsReleases/teen\\_gene\\_linked.htm](http://www.niaaa.nih.gov/NewsEvents/NewsReleases/teen_gene_linked.htm)

**NIDA Study Suggests Low-Key Anti-Smoking Ads Are More Likely to Be Remembered than Attention-Grabbing Messages—High Sensation Images Compete with Public Health Message**

For the first time, preliminary research using brain-imaging technology has shown that low-key and attention-grabbing anti-smoking public service announcements stimulate different patterns of activity in smokers' brains and that smokers are more likely to remember seeing the low-key PSAs. The study, published May 15, 2009 in the journal *NeuroImage*, was supported by the NIDA and the National Cancer Institute.

Press Release: <http://www.nida.nih.gov/newsroom/09/NR5-15.html>

**SAMHSA: National Report Finds Low Levels of Substance Use among Pregnant Women, but Higher Levels in New Mothers—Many Women's Use of Alcohol, Cigarettes and Illicit Drugs Resumes after Childbirth**

A new national report provides both encouraging and discouraging news about the use of substances by pregnant women and new mothers. Based on a nationwide survey, this SAMHSA report suggests that most women are heeding warnings about the dangers that substance use during pregnancy can pose to fetuses and are abstaining — especially in the latter stages of their pregnancies. However, this report, as well as a new study published by the U.S. Center for Disease Control and Prevention's (CDC) *Morbidity and Mortality Weekly Report*, show that the number of women who drink alcohol while pregnant is disturbingly high, despite past Surgeon Generals' warnings about the dangers of drinking alcohol while pregnant. According to a 15 year-study by the CDC, the number of women who drink alcohol while pregnant is not decreasing – with approximately 1 in 8 women drinking any amount of alcohol while pregnant.

Press Release: <http://www.samhsa.gov/newsroom/advisories/0905202210.aspx>

SAMHSA Report: <http://oas.samhsa.gov/2k9/135/PregWoSubUse.cfm>

CDC Report: <http://www.cdc.gov/mmwr/preview/mmwrhtml/mm5819a4.htm>

**Resources: Publications, Toolkits, Other Resources**

**New NIMH Resources: Follow NIMH on Twitter**

Get the latest mental health news, research advances, upcoming events, publications, clinical trials, and more.

<http://twitter.com/nimhgov>

**NIH Research Matters: Potassium Channel Linked to Schizophrenia**

Scientists have connected a gene that regulates the flow of potassium into and out of cells with schizophrenia. The discovery provides a new potential therapeutic target.

[http://www.nih.gov/news/research\\_matters/may2009/05182009schizophrenia.htm](http://www.nih.gov/news/research_matters/may2009/05182009schizophrenia.htm)

**NIA: Updated Alzheimer's Disease Video Now Available**

*Inside the Brain: Unraveling the Mystery of Alzheimer's Disease*, a new animated video, is now available on the National Institute on Aging's (NIA) Alzheimer's Disease Education and Referral Center Web site. The 4-minute captioned video shows the progression of Alzheimer's disease in the brain and the impact on brain cells, and is a companion to the brochure, *Alzheimer's Disease: Unraveling the Mystery*.

Video: <http://www.nia.nih.gov/Alzheimers/advideo>

Brochure: <http://www.nia.nih.gov/Alzheimers/Publications/Unraveling>

## **NIH: Medicare Information for Caregivers Now Available on NIHSeniorHealth**

An easy-to-read overview, *Medicare Basics for Caregivers*, is now available at NIHSeniorHealth.gov, the Web site for older adults from the National Institutes of Health. This brief, yet comprehensive introduction to Medicare gives caregivers the basics and helps them find answers to their questions.

<http://nihseniorhealth.gov/medicare/toc.html>

## **AHRQ: New Reports**

*State Variations in the Out-of-Pocket Spending Burden for Outpatient Mental Health Services: Higher Financial Burden of Mental Health/Substance Abuse Treatment in the Southern United States*

About 11 percent of people using outpatient mental health and substance abuse treatment in the Southern United States used more than 5 percent of their family's annual income to cover their out-of-pocket treatment costs between 2001-2005, according to a new study by Agency for Healthcare Research Quality (AHRQ) researchers. Such spending includes patient out-of-pocket costs for psychiatrists, psychologists, social workers, and other specialty providers as well as mental health treatment provided by primary care physicians and the out-of-pocket costs of psychotropic medications. People living in the southern United States paid the highest percentage of treatment costs out of their own pockets because they were the most likely to use prescription medications for their treatment and they paid the greatest share (39 percent) of the costs of these medications. The study was published in the May/June 2009 issue of *Health Affairs*.

<http://www.ahrq.gov/news/enews/enews275.htm#7>

*Mental Health Needs of Low-Income Children with Special Health Care Needs*

Children with special health care needs (CSHCN) comprise 13.9 percent of all children in the United States. Nearly 22 percent of households with children include at least one child with a special health care need. Early intervention has been shown to minimize the impact of mental health problems in children and significantly reduce the need for more costly interventions. This Issue Brief summarizes a Child Health Insurance Research Initiative study that compared the prevalence of mental health problems among CSHCN to family perceptions of mental health needs.

<http://www.ahrq.gov/chiri/chiribrf9/chiribrf9.htm>

*National Estimates of Health Insurance Coverage, Mental Health Utilization, and Spending for Low-Income Individuals*

This report contains estimates of mental health treatment expenditures and selected population characteristics by health insurance status among low income individuals in the community population from the Medical Expenditure Panel Survey.

<http://www.ahrq.gov/data/meps/lowinc/lowinc.htm>

**CDC: Smoking, Alcohol Use, and Illicit Drug Use Reported by Adolescents Aged 12–17 years—United States, 1999–2004**

This report presents national prevalence estimates for self-reported health risk behaviors of smoking, alcohol use, and illicit drug use by U.S. adolescents aged 12 to 17 years in the National Health and Nutrition Examination Surveys. The tables included in this report present weighted percentages and standard errors for smoking, alcohol, and illicit drug use behaviors in U.S. adolescents, by sex, race/ethnicity, education, and poverty level.

<http://www.cdc.gov/nchs/data/nhsr/nhsr015.pdf>

**New Resources from the Uniformed Services University of Health Sciences**

*Principles of Caring for Combat Injured Families and their Children*

Developed by the Workgroup on Intervention with Combat Injured Families at the Center for the Study of Traumatic Stress, these principles of care for combat injured families will foster evidence based approaches that can support their healthy growth and recovery. These principles can be used by hospital and community based professionals in military or civilian settings.

<http://www.usuhs.mil/psy/CSTSPinciplesofCaring.pdf>

*Mental Health and Behavioral Guidelines for Response to a Pandemic Flu Outbreak*

Prepared by the Center for the Study of Traumatic Stress in collaboration with the Mental Health Section of the American Public Health Association, these recommended steps in response to a pandemic flu outbreak are divided into four phases: preparedness, early outbreak response, later response and recovery, and mental health intervention planning.

<http://www.usuhs.mil/psy/CSTSPandemicAvianInfluenza.pdf>

**GAO: Seclusions and Restraints—Selected Cases of Death and Abuse at Public and Private Schools and Treatment Centers**

This report presents the findings from the Government Accountability Office's (GAO) examination into the use of seclusions and restraints at residential programs for troubled teens. As part of its investigation, the GAO was asked to (1) provide an overview of seclusions and restraint laws applicable to children in public and private schools, (2) verify whether allegations of student death and abuse from the use of these methods are widespread, and (3) examine the facts and circumstances surrounding cases where a student died or suffered abuse as a result of being secluded or restrained. GAO reviewed federal and state laws and abuse allegations from advocacy groups, parents, and the media from the past two decades. GAO did not evaluate whether using restraints and seclusions can be beneficial. GAO examined documents related to closed cases, including police and autopsy reports and school policies. GAO also interviewed parents, attorneys, and school officials and conducted searches to determine the current employment status of staff involved in the cases.

<http://www.gao.gov/products/GAO-09-719T>

## **Calendar of Events**

### **Webcast: Recovery and the Health Care/Insurance Systems—Improving Treatment and Increasing Access**

*June 3, 2009*

This Center for Substance Abuse Treatment program will examine what impact the Health Parity and Addiction Act of 2008 will have on health care and insurance systems and what it means for individuals and families battling addiction. The show will also explore other issues related to health care's role in recovery, such as proper screening and intervention, prescription drug abuse prevention, and treating co-occurring disorders.

<http://www.recoverymonth.gov/2009/multimedia/w.aspx?ID=599>

### **Screening and Brief Intervention Training for Trauma Care Providers**

*June 24, 2009, Atlanta, Georgia*

This trauma center training in screening, brief intervention and referral to treatment is co-sponsored by the Center for Substance Abuse Treatment and the National Highway Traffic Safety Administration. Providing screening and brief interventions for trauma patients showing evidence of alcohol problems has been found to reduce subsequent alcohol use and related problems. Such screening is widely recommended, but is not currently practiced by the majority of trauma centers in the United States.

<http://sbirt.samhsa.gov/trauma.htm>

### **The Future of Telehealth: Essential Tools and Technologies for Clinical Research and Care**

*June 25–26, 2009 Bethesda, MD*

The National Center for Research Resources (NCRR) at the National Institutes of Health (NIH), in collaboration with Internet2 and the American Telemedicine Association presents this two-day event that will bring together stakeholders from government agencies, academic institutions, health care organizations and technology companies to: 1) review the state of telehealth science and technology; 2) identify gaps in knowledge that can be addressed through targeted research and evaluation initiatives; and 3) explore ways to leverage evolving information and communication technologies to advance the field.

<http://www.ncrr.nih.gov/Telehealth/>

### **The 20th NIMH Conference on Mental Health Services Research: Increasing the Efficiency of Research and Mental Health Services Delivery**

*July 20-21, 2009, Washington DC*

Mental Health Services Research 2009 will engage leading minds in addressing the challenge of improving the efficiency of research and practice. Progress will directly promote Strategic Objective 4 of the NIMH Strategic Plan, “Enhancing the Public Health Impact of NIMH-funded Research.” This year’s conference is designed to present and discuss research studies that represent the diverse research programs within the Services Research and Clinical Epidemiology Branch of NIMH’s Division of Services and Intervention Research and that contribute to a portfolio addressing the need to increase the efficiency of research and mental health services delivery. The goal of MHSR 2009 is to stimulate new ideas and partnerships that will foster innovative mental health services research focusing on improving public health and mental health services delivery.

<http://www.blsmmeetings.net/2009mhsr/>

### **Office of Safe and Drug-Free Schools National Conference**

*August 3-5, 2009, National Harbor, Maryland*

The U.S. Department of Education's Office of Safe and Drug-Free Schools National Conference will address issues related to crisis planning; health, mental health, and physical education; broad-based issues related to alcohol, drug and violence prevention; civic and character education; scientifically-based programs; and many other areas concerning drug and violence prevention.

<http://www.ed.gov/about/offices/list/osdfs/news.html>

### **National Conference on Health Communication, Marketing, and Media 2009**

*August 11-13, 2009, Atlanta, Georgia*

SAMHSA is joining with the Centers for Disease Control and Prevention to sponsor the 2009 National Conference on Health Communication, Marketing, and Media. SAMHSA's goal for co-sponsoring the conference is to increase the visibility and presence of mental health and substance abuse service delivery organizations, providers, and advocates, and to leverage the new media environment to address the needs of people with or at risk for substance use and mental disorders.

Registration information: <http://www.cdc.gov/healthmarketing/NCHCMM2009/>

### **AHRQ's 2009 Annual Conference: Research to Reform: Achieving Health System Change**

*September 13-16, 2009, Bethesda, Maryland*

This free conference is designed to bring participants together with leading health care research and policy experts in sessions on issues including quality and safety, delivery of services and improving Americans' health status.

<http://www.ahrq.gov/about/annlconf09.htm>

## **Calls for Public Input**

### **Public Comments Sought on Regulations for Financial Conflicts of Interest in Federally-Funded Research**

The National Institutes of Health is seeking comments from the public on possible changes to the federal regulations regarding Responsibility of Applicants for Promoting Objectivity in Research for which Public Health Service (PHS) Funding Is Sought (42 C.F.R. Part 50, Subpart F) and Responsible Prospective Contractors (45 C.F.R. Part 94). The Advance Notice of Proposed Rule Making (ANPRM) was motivated by NIH's ongoing commitment to enhance effective oversight and regulatory compliance. Through the ANPRM, NIH invites public comment on all aspects of the regulation, with particular interest in potential for expanding the scope of the regulation and disclosure interests; the definition of "Significant Financial Interest" identification and management of conflicts by institutions; assuring institutional compliance; requiring institutions to provide additional information to the PHS; and broadening the regulations to address institutional conflicts of interest.

Comments must be received by July 7, 2009.

More information: <http://edocket.access.gpo.gov/2009/pdf/E9-10666.pdf>

## **Comments Requested for National Institute on Disability and Rehabilitation Research Priorities**

The U.S. Department of Education, Office of Special Education and Rehabilitative Services' National Institute on Disability and Rehabilitation Research (NIDRR) is soliciting comments on priority areas for its Disability and Rehabilitation Research Projects and Centers Program— Rehabilitation Research and Training Centers and Rehabilitation Engineering Research Centers.

Comments must be received on or before June 8, 2009.

<http://www.ed.gov/legislation/FedRegister/proprule/2009-2/050709c.html>

## **Clinical Research Participation News**

### **NIMH: Anxious Depression & AZD2327**

If you (or someone you know) have been diagnosed with major depression and have anxiety symptoms, you may be able to participate in an NIMH research study that seeks to decrease symptoms of depression and understand the causes of anxious depression. Anxiety symptoms may include tension, worry, apprehension, restlessness, or loss of appetite.

- This study evaluates the effectiveness and safety of the study drug AZD2327, in the treatment of major depression and anxiety symptoms. This drug has a different mechanism of action from commonly used SSRI's (selective serotonin reuptake inhibitors) for anxiety and depression.
- This is a 12 week-outpatient study including an inpatient stay of 7 days in Bethesda, MD.
- If you are 18-65 years of age and have been diagnosed with major depression and have anxiety symptoms, you may be eligible for this clinical trial. There is the chance of receiving placebo in this study.
- After completion of the study, NIMH will provide short-term follow-up care, and then you will return to the care of your own provider. In addition, all research participation is without cost and we will cover all transportation costs from anywhere in the United States.
- To find out if you qualify or for more information, please call 1-877-MIND-NIH (1-877-646-3644) or email us at [moodresearch@mail.nih.gov](mailto:moodresearch@mail.nih.gov) . (TTY: 1-866-411-1010) Atendemos pacientes de habla hispana.

For more information on mental health research studies conducted at the NIH in Bethesda, Maryland: <http://patientinfo.nimh.nih.gov>

## **Funding Information**

### **Employment Networks for the Ticket to Work and Self-Sufficiency Program**

The Ticket to Work and Self-Sufficiency Program is the centerpiece of the Ticket to Work and Work Incentives Improvement Act of 1999. This program provides Social Security beneficiaries with disabilities more choices for receiving employment services. Under this program the Social Security Administration (SSA) is issuing Tickets to eligible beneficiaries who, in turn, may assign those Tickets to an Employment Network (EN) of their choice to obtain employment services, vocational rehabilitation services or other support services necessary to maximize their economic self-sufficiency through work opportunities. An EN shall be either an agency or instrumentality of a State

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(or political subdivision of the State) or a private entity that assumes responsibility for the coordination and delivery of employment, vocational rehabilitation or other support services to those beneficiaries who have assigned their Tickets to the EN. SSA will award contracts to qualifying offerors to perform services as Employment Networks for the Ticket to Work and Self-Sufficiency Program. Each contract will consist of a five-year period of performance, with an option for an additional five-years.

Request for Proposal (RFP) number SSA-RFP-09-0010G is available: <http://www.fedbizopps.gov>  
More information on the Ticket to Work Program: <http://www.yourtickettowork.com>

### **Transitioning Inmates from Jails to Communities**

The National Institute of Corrections and the Urban Institute are soliciting applications for four new Transition from Jail to Community (TJC) sites. During the next 2 years, the selected sites will receive technical assistance to help them plan and implement their TJC strategy, targeted technical assistance in areas of particular need in each jurisdiction, and evaluation support.

Application deadline: June 15, 2009

<http://www.ncjrs.gov/justinfo/May1509.html#Transitioning%20Inmates%20From%20Jails%20to%20Communities>

### **Programmatic Funding Opportunities**

#### **Indian Health Service: Children and Youth Projects**

<http://www.ihs.gov/NonMedicalPrograms/gogp/index.cfm?module=HHS-2009-IHS-CYP-0001>

#### **OJJDP FY 09 Promoting Child and Youth Safety: Community Initiatives and Public Awareness**

<http://ojjdp.ncjrs.gov/grants/solicitations/FY2009/PromotingChildandYouthSafety.pdf>

#### **SAMHSA: Prevention of Methamphetamine Abuse**

[http://samhsa.gov/Grants/2009/sp\\_09\\_006.aspx](http://samhsa.gov/Grants/2009/sp_09_006.aspx)

### **Research Funding Opportunities**

#### **Selected NIH Requests for Applications (RFAs)**

[Full listing of NIH RFAs at

[http://grants2.nih.gov/grants/guide/search\\_results.htm?year=active&scope=rfa](http://grants2.nih.gov/grants/guide/search_results.htm?year=active&scope=rfa)]

#### **Integrating Translational Neuroscience and Adolescent Drug Abuse Treatment (R21)**

<http://grants.nih.gov/grants/guide/rfa-files/RFA-DA-10-003.html>

#### **Selected NIH Program Announcements**

[Full listing of NIH PAs at

[http://grants.nih.gov/grants/guide/search\\_results.htm?year=active&scope=pa](http://grants.nih.gov/grants/guide/search_results.htm?year=active&scope=pa)]

None.



## **U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES National Institutes of Health**

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The **Outreach Partnership Program** is a nationwide outreach initiative of the National Institute of Mental Health (NIMH) with support from the National Institute on Drug Abuse (NIDA) and in cooperation with the Substance Abuse and Mental Health Services Administration (SAMHSA) that enlists state and national organizations in a partnership to help close the gap between mental health research and clinical practice, inform the public about mental illnesses, and reduce the stigma and discrimination associated with mental illness. For more information on the NIMH Outreach Program please visit <http://www.nimh.nih.gov/outreach/partners>.

To subscribe to receive the *Update* every two weeks, go to: <http://www.nimh.nih.gov/health/outreach/partnership-program/subscribe-to-the-update.shtml>

The information provided in the NIMH Update is intended for use by the Outreach Partners, National Partners, and their associates for the express purpose of exchanging information that may be useful in the development of state and local mental health outreach, information, education, and partnership programs.