

National Institute of Mental Health Outreach Partnership Program

Update

March 1, 2010

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<http://www.nimh.nih.gov/health/outreach/partnership-program/subscribe-to-the-update.shtml>

**U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
National Institutes of Health
National Institute of Mental Health
Office of Constituency Relations and Public Liaison**

Science and Service News Updates

NIMH: Diabetes and Depression Associated with Higher Risk for Major Complications

People with type 2 diabetes and coexisting major depression are more likely to experience life-threatening diabetes-related complications, according to a recent NIMH-funded study published in the February 2010 issue of *Diabetes Care*.

Science Update: <http://www.nimh.nih.gov/science-news/2010/diabetes-and-depression-associated-with-higher-risk-for-major-complications.shtml>

NIMH: Bundling HIV Prevention with Prenatal Care Reduces Risky Sex Behaviors among At-risk Mothers

An HIV prevention program targeted at women receiving prenatal care may effectively reduce risks for HIV, sexually transmitted infections and unplanned future pregnancies, according to NIMH-funded researchers. Bundling such interventions into existing health care models, like prenatal care, also may be more accessible to those who may not have the time, interest, or resources to attend a stand-alone HIV prevention program. Changing the way prenatal care is provided also may create sustainable advantages in reproductive health for all at-risk women. The study was published in the November 2009 issue of the *American Journal of Public Health*.

Science Update: <http://www.nimh.nih.gov/science-news/2010/bundling-hiv-prevention-with-prenatal-care-reduces-risky-sex-behaviors-among-at-risk-mothers.shtml>

NIMH: Children Carry Emotional Burden of AIDS Epidemic in China

Having a parent with HIV/AIDS or losing one or both parents to the illness leads to poorer mental health among children in China, according to a recent study funded in part by NIMH. Published in the November-December 2009 issue of the *Journal of Pediatric Psychology*, the study also emphasizes the need to develop culturally and developmentally appropriate measures and interventions for diverse populations.

Science Update: <http://www.nimh.nih.gov/science-news/2010/children-carry-emotional-burden-of-aids-epidemic-in-china.shtml>

NIMH: Teaching Teens About Abstinence May Delay Sexual Activity, Reduce Risk Behaviors — Researchers Evaluated Intervention Focusing on Preventive Health and Future Goal Attainment, Not Moral Choices

Teens who received a behavioral intervention centered on abstinence were more likely to delay first sexual contact than teens who received a control intervention focusing on general health promotion, according to an NIMH-funded study. Though differing from federally funded abstinence-only programs, the researchers describe how an abstinence-based intervention may help delay sexual activity among adolescents in the February 2010 issue of the *Archives of Pediatrics and Adolescent Medicine*.

Science Update: <http://www.nimh.nih.gov/science-news/2010/teaching-teens-about-abstinence-may-delay-sexual-activity-reduce-risk-behaviors.shtml>

SAMHSA and Ad Council Launch Mental Health Campaign for the African American Community

The Substance Abuse and Mental Health Services Administration (SAMHSA), working in collaboration with the Ad Council and the Stay Strong Foundation, announced the launch of a national public service advertising (PSA) campaign designed to raise awareness of mental health problems among young adults in the African American community. The new PSAs were unveiled at a Black History Month event at Howard University to coincide with the first annual HBCU National Mental Health Awareness Day. The launch was telecast to colleges and universities nationwide. The PSAs direct audiences to visit a new website where they can learn more about mental health problems and how to get involved.

Press Release: <http://www.samhsa.gov/newsroom/advisories/1002235422.aspx>

Campaign Website: <http://www.storiesthatheal.samhsa.gov>

ED Makes Public State-by-State Restraint and Seclusion Information

U.S. Department of Education (ED) posted a summary of state laws, regulations, policies and guidelines regarding the use of restraint and seclusion techniques in schools. The summary is a result of Education Secretary's letter issued to Chief State School Officers on July 31, 2009, urging a review of current state policies and guidelines regarding the use of restraint and seclusion in schools. Since August, the Department's regional Comprehensive Centers have researched and compiled information on state-by-state restraint and seclusion techniques.

Summary: <http://www.ed.gov/policy/seclusion/seclusion-state-summary.html>

Press Release: <http://www2.ed.gov/news/pressreleases/2010/02/02242010.html>

Resources: Publications, Toolkits, Other Resources

New Vodcasts on NIMH Website: Speaking of Science Series

A Revealing Study into the Mental Health of America's Children

It's been called one of the richest studies of its kind. *The National Health and Nutritional Examination Survey* looked into the well-being of the nation's children. Dr. Kathleen Merikangas of the NIMH was the lead author of the survey that tracked mental disorders in children and how many of those surveyed received treatment

<http://www.nimh.nih.gov/about/director/speaking-of-science-nimh-vodcast-series.shtml#merikangas>

Post Traumatic Stress Disorder

The last decade, the United States has experienced a series of man-made and natural disasters. Large numbers of people in this country have been exposed to potentially traumatic events. This vodcast focuses on NIMH research in the areas of traumatic stress reactions and specifically mental health issues among U.S. service members. What we learn from the military experience can help us understand stress risk predictions for the entire population.

<http://www.nimh.nih.gov/about/director/speaking-of-science-nimh-vodcast-series.shtml#ptsd-short>

Anesthesia: A Neuroscience Phenomenon

How the brain reacts to anesthesia is a neuroscientific phenomenon that includes a dash of mystery. But the study of anesthesia could lead to treatment of sleep issues frequently associated with many mental disorders.

<http://www.nimh.nih.gov/about/director/speaking-of-science-nimh-vodcast-series.shtml#brown>

New Resources from the National Institute on Drug Abuse

Drug Abuse and Addiction Media Guide

This new publication from NIDA is designed to provide journalists with fast and user-friendly access to the latest scientific information on drug abuse and addiction. The guide includes basic and behavioral science research that addresses fundamental and essential questions relevant to drug abuse and addiction, ranging from their causes and consequences to treatment and prevention.

<http://drugabuse.gov/mediaguide>

NIDA Launches Intramural Research Program Web Site

NIDA recently launched a new Intramural Research Program (IRP) Web site. NIDA's IRP is dedicated to innovative research on basic mechanisms underlying drug abuse and dependence and to developing new methods to treat drug abuse and dependence. The new Web site includes information about the IRP's structure and research components as well as employment and training opportunities.

<http://irp.drugabuse.gov/index.html>

New Resources from SAMHSA

Caring for Children Who Have Experienced Trauma: A Workshop for Resource Parents

This workshop package is a PowerPoint-based training curriculum designed to be taught by a mental health professional and foster parent as co-facilitators. It includes nine case studies of representative foster children from the ages of eight months to 15 years, as well as cases of secondary traumatic stress in parents. With a combination of didactic information and exercises, the training can help resource parents understand the link between trauma and their children's often baffling behavior, feelings and attitudes. The workshop package includes a Facilitator's Guide, a Participant Handbook and a multi-part Slide Kit.

http://www.nctsnct.org/nccts/nav.do?pid=ctr_rsched_rpc_guide

Archived Webcast: Homelessness and Substance Use Disorder Treatment: Recovery-Oriented Housing and Achieving Healthy Lifestyles

This Center for Substance Abuse Treatment webcast will examine the relationship between homelessness and substance use disorder treatment from both a program perspective and a policy perspective. Additionally, it will explore the issues of permanent supportive housing, comprehensive treatment protocols and recovery support systems to assist individuals in achieving life-long positive physical and emotional health outcomes in long-term recovery.

<http://www.recoverymonth.gov/Multimedia/Road-to-Recovery-Television-Series.aspx>

Information on Life after Cancer Now Available on NIHSeniorHealth.gov

Older adults who have survived cancer can find out what to expect once treatment ends in *Life after Cancer*, the newest topic on NIHSeniorHealth. Visitors to the site will learn about managing follow-up care, physical and emotional changes, and relationships with family and friends. The topic also addresses how a person's age and health status can affect recovery and survival. This is important information for older adults who make up about 60 percent of cancer survivors and whose cancer treatments may have been complicated by other aging-related health conditions.

<http://www.nihseniorhealth.gov/lifeaftercancer/toc.html>

DoD: National Resource Directory Updated

The Department of Defense (DoD) has announced that its National Resource Directory Web site recently received a comprehensive system upgrade to provide users with easier access. This Web site compiles federal, state, local and non-profit resources for Wounded Warriors, Veterans, family members and caregivers in a single, searchable site. The site's new "bookmark and share" feature allows visitors to alert others to the resources they find most helpful through social bookmarking, Facebook, Twitter and other social networking tools. The Directory is a collaborative effort among the Departments of Defense, Veterans Affairs and Labor.

<http://www.nationalresourcedirectory.gov/>

CDC: Latest Report on Nation's Health Shows Growing Medical Technology Use

The Centers for Disease Control and Prevention (CDC) has released its annual report on trends in health statistics, *Health United States, 2009*. The use of medical technology in the United States increased dramatically between 1996 and 2006, according to the report prepared from data gathered by state and federal health agencies and through ongoing national surveys. This year's edition features a special section on medical technology, and finds that the rate of magnetic resonance imaging, known as MRI, and computed and positron emission tomography or CT/PET scans, ordered or provided, tripled between 1996 and 2007.

Full Report: <http://www.cdc.gov/nchs/hus.htm>

Section on Mental Health: <http://www.cdc.gov/nchs/hus/mentalhealth.htm>

Calendar of Events

Conference Call: Healthy Children and Families: Reducing Behavioral Health Disparities in Rural and Frontier Areas

March 18, 2010, 2010 1:00 – 2:30 PM ET

SAMHSA's National Technical Assistance Center for Children's Mental Health is sponsoring this teleconference to examine behavioral health disparities in rural and frontier areas. This call will present strategies in States to improve conditions that lead to enhanced quality of, and access to behavioral/mental healthcare services and supports for children and families in rural and frontier America.

<http://gucchdtcenter.georgetown.edu/resources/2010calls.html>

Blending Addiction Science and Practice: Evidence-Based Treatment and Prevention in Diverse Populations and Settings

April 22-23, 2010 Albuquerque, New Mexico

NIDA's 8th Blending Conference presents innovative, science-based approaches that have been proven to be effective in the prevention and treatment of drug abuse and addiction. The conference objectives are to: 1) discuss and disseminate science-based, drug abuse prevention and treatment practices across diverse populations and settings; 2) provide additional resources to enhance knowledge and skill development of science-based practices; and 3) appreciate the value of bi-directional communication to advance the exchange of ideas among drug abuse and addiction researchers and community treatment providers.

<http://www.seiservices.com/blendingalbuquerque/>

4th National Conference on Women, Addiction and Recovery

July 26-28, 2010, Chicago, Illinois

SAMHSA's Center for Substance Abuse Treatment in partnership with Treatment Alternatives for a Safe Community is sponsoring its 4th National Conference on Women, Addiction and Recovery. Join with leaders, colleagues and stakeholders in the addiction treatment field to focus on current trends and innovations in creating recovery opportunities for women with substance use disorders and their families. Among topics to be discussed are: family-centered treatment, current developments in health policy, working with the criminal justice system, inter-agency collaboration, women's recovery support, use of technology, culturally responsive approaches, treatment for adolescent girls, housing supports, workforce development, demonstrating program effectiveness, and many others.

<http://SAMHSAWomensConference.org>

Calls for Public Input

2010 Science and Service Awards Will Honor Implementation of Evidence-Based Mental Health and Substance Abuse Interventions

SAMHSA has issued a call for applications for its 2010 Science and Service Awards, a national program that recognizes community-based organizations and coalitions that have shown exemplary implementation of evidence-based mental health and substance abuse interventions.

Awards will be made in each of the five categories: substance abuse prevention; treatment of substance abuse and recovery support services; mental health promotion; treatment of mental illness and recovery support services; and co-occurring disorders. To be eligible for an award, an organization must have successfully implemented a recognized evidence-based intervention. Examples include those that are published in scientific literature and/or appear on a Federal and/or state registry of evidence-based interventions.

Application deadline: April 9, 2010

<http://www.samhsa.gov/newsroom/advisories/1001065017.aspx>

SAMHSA: Celebrating Those Who Make a Difference for Mental Health

Join SAMHSA in recognizing entertainment industry professionals and mental health consumers who have given a voice to people with mental health problems. The Voice Awards honor film and television writers and producers who incorporate dignified, respectful and accurate portrayals of people with mental illnesses into their scripts, programs and productions. The awards also recognize the accomplishments of consumer leaders who have been instrumental in both raising awareness and understanding of mental health issues and promoting the social inclusion of people with mental health problems. Nominations are open to anyone, are free and there is no limit to the number an individual can submit.

Entertainment industry nominations due: April 30, 2010

Mental health consumer nominations due: May 14, 2010

<http://whatadifference.samhsa.gov/voiceawards/nominate.html>

Clinical Trial Participation News

NIMH: Identification of Characteristics Associated with Symptom Remission in Autism

In this study, we hope to better understand why some children with autism show significant improvement while other children do not. To examine this question, we will evaluate current functioning by conducting a neuropsychological assessment, a neurological exam, an overnight EEG and an MRI. Our goal is to better understand how children who make significant improvements may differ from children with autism who do not show similar gains. Our long-term aim is to identify characteristics associated with symptom remission that may guide development of better treatments in the future.

Three groups of children (ages 8-17) will be included:

- Children previously diagnosed with autism who no longer meet criteria for autism
- Children currently diagnosed with autism
- Typically developing children.

To find out if you qualify or for further information please call our study coordinator at 301-435-6205 (TTY 866-411-1010) or email AutismOutcomeStudy@mail.nih.gov.

National Institute of Mental Health, National Institutes of Health, Department of Health and Human Services.

For more information on research conducted by the National Institute of Mental Health in Bethesda, MD click here <http://patientinfo.nimh.nih.gov>

Funding Information

More than \$1.1 Million in Grants Available for Community-Based Drug Prevention Coalitions – DFC Mentoring Grants to Fund 15 Drug-Free Community Programs Across the Nation in 2010

The White House Office of National Drug Control Policy and the U.S. Department of Health and Human Services is announcing the availability of more than \$1.1 million for new Drug Free Communities (DFC) Support Mentoring program grants. An estimated 15 new Mentoring grants will be awarded to drug and alcohol prevention community coalitions from across the nation.

Applications due: April 23, 2010

<http://www.samhsa.gov/newsroom/advisories/1002231213.aspx>

ED Announces FY 2010 Grant Competition for Models of Exemplary, Effective and Promising Alcohol or Other Drug Abuse Prevention Programs on College Campuses

The goals of this program are to identify and disseminate information about exemplary and effective alcohol or other drug abuse prevention programs implemented on college campuses. Through this grant program, the U.S. Department of Education (ED) also will recognize colleges and universities whose programs, while not yet exemplary or effective, show evidence that they are promising. All programs to be considered for recognition must have a minimum of two years of data to support the effectiveness of their interventions.

Applications due: March 31, 2010

<http://www2.ed.gov/programs/dvpcollege/applicant.html>

Programmatic Funding

AHRQ: ARRA OS Recovery Act 2009 Limited Competition: Comparative Effectiveness Delivery System Demonstration Grants (R18)

<http://grants.nih.gov/grants/guide/rfa-files/RFA-HS-10-013.html>

Research Funding Opportunities

Selected Request for Applications

Science of Behavior Change: Finding Mechanisms of Change in the Laboratory and the Field

<http://grants.nih.gov/grants/guide/rfa-files/RFA-RM-10-002.html>

Selected Program Announcements

Ruth L. Kirschstein National Research Service Awards for Individual Predoctoral MD/PhD and Other Dual Doctoral Degree Fellows

<http://grants.nih.gov/grants/guide/pa-files/PA-10-107.html>

Ruth L. Kirschstein National Research Service Awards for Individual Predoctoral Fellows

<http://grants.nih.gov/grants/guide/pa-files/PA-10-108.html>

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Ruth L. Kirschstein National Research Service Awards for Individual Predoctoral Fellowships to Promote Diversity in Health-Related Research

<http://grants.nih.gov/grants/guide/pa-files/PA-10-109.html>

Ruth L. Kirschstein National Research Service Awards for Individual Postdoctoral Fellows

<http://grants.nih.gov/grants/guide/pa-files/PA-10-110.html>



**U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
National Institutes of Health**

The **Outreach Partnership Program** is a nationwide outreach initiative of the National Institute of Mental Health (NIMH) with support from the National Institute on Drug Abuse (NIDA) and in cooperation with the Substance Abuse and Mental Health Services Administration (SAMHSA) that enlists state and national organizations in a partnership to help close the gap between mental health research and clinical practice, inform the public about mental illnesses, and reduce the stigma and discrimination associated with mental illness. For more information on the NIMH Outreach Program please visit <http://www.nimh.nih.gov/outreach/partners>.

To subscribe to receive the *Update* every two weeks, go to: <http://www.nimh.nih.gov/health/outreach/partnership-program/subscribe-to-the-update.shtml>

The information provided in the NIMH Update is intended for use by the Outreach Partners, National Partners, and their associates for the express purpose of exchanging information that may be useful in the development of state and local mental health outreach, information, education, and partnership programs.