



UPDATE

December 1, 2010

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*Prepared by the U.S. Department of Health and Human Services,
National Institutes of Health, National Institute of Mental Health,
Office of Constituency Relations and Public Liaison*

SCIENCE AND SERVICE NEWS UPDATES

MOST CHILDREN WITH RAPIDLY SHIFTING MOODS DON'T HAVE BIPOLAR DISORDER

Relatively few children with rapidly shifting moods and high energy have bipolar disorder, though such symptoms are commonly associated with the disorder. Instead, most of these children have other types of mental disorders, according to a National Institute of Mental Health (NIMH)-funded study published online ahead of print in the *Journal of Clinical Psychiatry* on October 5, 2010.

Science News: <http://www.nimh.nih.gov/science-news/2010/most-children-with-rapidly-shifting-moods-don-t-have-bipolar-disorder.shtml>

YOUNG WOMEN WITH MENOPAUSE-LIKE CONDITION AT RISK FOR DEPRESSION—NIH STUDY EXAMINES FREQUENCY OF DEPRESSION IN PRIMARY OVARIAN INSUFFICIENCY

Young women with a menopause-like condition called primary ovarian insufficiency are much more likely than other women to experience depression at some point during their lives, according to a study from the National Institutes of Health (NIH). The finding suggests that all women diagnosed with the condition should be evaluated for depression.

Press Release: <http://www.nih.gov/news/health/nov2010/nichd-30.htm>

NIMH'S DR. MORTIMER MISHKIN AWARDED NATIONAL MEDAL OF SCIENCE

NIH intramural researcher Mortimer Mishkin, Ph.D., was awarded the National Medal of Science at a White House ceremony. Mishkin is chief of the NIMH Section on Cognitive Neuroscience and acting chief of its Laboratory of Neuropsychology. He is the first NIMH intramural scientist to receive the medal, which the President presents each year for outstanding contributions to science. In a series of meticulous studies spanning more than five decades, Mishkin and colleagues discovered much about how the brain processes input from the senses and encodes memory. Due in part to work spearheaded by Mishkin, science now understands much about the pathways for vision, hearing and touch, and about how those processing streams connect with brain structures important for memory.

Press Release: <http://www.nimh.nih.gov/science-news/2010/nimhs-dr-mortimer-mishkin-to-be-awarded-national-medal-of-science.shtml>

NATIONAL SURVEY REVEALS 45.1 MILLION ADULTS IN THE U.S. EXPERIENCED MENTAL ILLNESS IN THE PAST YEAR

According to new results from a national survey, 19.9 percent of American adults in the United States have experienced mental illness over the past year. The survey, conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA), indicates that 11 million adults in the U.S. suffered serious mental illness in the past year -- a diagnosable mental disorder that has substantially interfered with, or limited one or more major life activities. SAMHSA's 2009 National Survey on Drug Use and Health reveals that 8.4 million adults in the U.S. had serious thoughts of suicide in the past year, 2.2 million made suicide plans, and 1 million attempted suicide.

Press Release: <http://www.samhsa.gov/newsroom/advisories/1011180411.aspx>

SAMHSA AWARDS UP TO \$14.4 MILLION TO SUPPORT PEOPLE IN RECOVERY FROM SUBSTANCE ABUSE ADDICTION

SAMHSA is announcing up to \$14.4 million in new grants to help people in substance abuse treatment programs. The new grants are designed to bring together community resources such as housing, employment programs, transportation and treatment services, and create recovery oriented systems that support people working to attain and sustain recovery.

Press Release: <http://www.samhsa.gov/newsroom/advisories/1011224650.aspx>

MINORITY TEENS USING DRUGS AT HIGHER RATES: NEW DATA SHOW GREATEST INCREASES IN DRUG USE AMONG AFRICAN AMERICAN GIRLS, HISPANIC BOYS

The Office of National Drug Control Policy highlighted recent data showing troubling increases in drug use among certain groups of minority teens, and urged parents and community leaders to act immediately to prevent drug use. According to recently released data from SAMHSA's 2009 National Survey on Drug Use and Health, there were significant increases in drug use among young African American teen girls and Hispanic teen boys between 2008 and 2009. When surveyed about their use of any illicit drug during the past month, both groups demonstrated increases in drug use of more than 3 percentage points, making them the demographic populations with the largest increases in illicit drug use between 2008 and 2009.

Press Release: <http://www.whitehousedrugpolicy.gov/news/press10/111610.html>

RESOURCES: PUBLICATIONS, TOOLKITS, OTHER RESOURCES

NIMH DIRECTOR BLOG POSTING: WANTED: A FEW GOOD ASSAYS

There has been much concern over the fate of medication development for mental disorders. NIMH has been discussing how the Institute might catalyze the next generation of drug discovery and development. One way is by creating assays to probe new molecular targets relevant to mental disorders and to screen for new medications. <http://www.nimh.nih.gov/about/director/index.shtml#p118147>

THE NATIONAL DATABASE FOR AUTISM RESEARCH ANNOUNCES ITS FIRST DATA RELEASE

Autism Spectrum Disorder (ASD) researchers now can use data from over 10,000 participants enrolled in ASD studies. The National Database for Autism Research (NDAR), created by NIH, recently made the data available. Researchers can now use the NDAR portal to perform queries that simultaneously yield results from multiple datasets. The portal was designed to provide tools to define and standardize data collected by different laboratories under different protocols. It was also built to ensure a collaborative approach and open data access to the whole ASD research community.

<http://www.nih.gov/news/health/nov2010/nimh-30.htm>

NEW SAMHSA RESOURCES

NEW WEBSITE ON HEALTH HOMES

SAMHSA has recently established a website on health homes designed to assist States in adopting such approaches per the Affordable Care Act. The site includes examples of tools available to screen for behavioral health needs in a primary care or behavioral health care setting; resources that detail State-level experiences with different health home models; examples of behavioral health outcome and quality measures to consider when establishing a health home; and research resources detailing the use of health homes. <http://www.samhsa.gov/healthReform/healthHomes/>

SUBSTANCE ABUSE SPECIALISTS IN CHILD WELFARE AGENCIES AND DEPENDENCY COURTS: CONSIDERATIONS FOR PROGRAM DESIGNERS AND EVALUATORS

This manual offers guidance on creating a substance abuse specialist program in child welfare offices or dependency courts. It includes eight case studies that showcase the programmatic and collaborative structure of substance abuse specialist programs.

http://store.samhsa.gov/product/SMA10-4557?WT.ac=EB20101123_SMA10-4557

DRUG TESTING IN CHILD WELFARE: PRACTICE AND POLICY CONSIDERATIONS

This report helps guide child welfare agency policymakers in developing practice and policy protocols regarding the use of drug testing in child welfare and addresses the practice and policy issues that policymakers must consider to effectively use drug testing in the comprehensive assessment and monitoring that child welfare agencies provide.

http://store.samhsa.gov/product/SMA10-4556?WT.ac=EB20101123_SMA10-4556

ACCESS TO RECOVERY IMPLEMENTATION TOOLKIT

The Access to Recovery (ATR) Implementation Toolkit consists of three workbooks prepared by the SAMHSA ATR program. The workbooks are meant as planning, implementation, and operational tools to assist the Single State Authority and tribal program officials and their project management teams. SAMHSA also hopes the information contained in the workbooks is useful to others interested in learning about ATR's provision of services using vouchers and the integration of diverse services within a single collaborative system.

<http://store.samhsa.gov/product/SMA10-ATRKIT>

CDC ONLINE RESOURCES

ADHD SYMPTOMS WIDGET

This Centers for Disease Control and Prevention (CDC) widget helps people learn about the symptoms of attention deficit/ hyperactivity disorder (ADHD) and fill out a symptom checklist to take to the doctor.

<http://www.cdc.gov/ncbddd/adhd/multimedia.html>

CDC LEARNING CONNECTION

This new website is designed to help individuals locate public health learning products created by CDC and partners. Users can access over 150 products; find e-learning, podcasts, electronic publications, and webcasts; and locate courses that offer continuing education credits. <http://www.cdc.gov/learning>

INDICATORS OF SCHOOL CRIME AND SAFETY, 2010

This report is the 13th in a series of annual publications produced jointly the U.S. Departments of Education and Justice. The report presents the most recent data available on school crime and student safety. It covers topics such as victimization, teacher injury, bullying, school conditions, fights, weapons, availability and student use of drugs and alcohol, and student perceptions of personal safety at school.

<http://nces.ed.gov/programs/crimeindicators/crimeindicators2010/>

CALENDAR OF EVENTS

PREVENTION AND HOLISTIC APPROACHES TO WELLNESS: A FRESH PERSPECTIVE ON MENTAL HEALTH RECOVERY

DECEMBER 7, 2010 3 PM–4:30 PM ET

This SAMHSA teleconference will educate diverse stakeholders about both peer-delivered and community mental health provider-delivered alternatives to wellness that focus on building resilience and supporting individuals to establish healthier lifestyles. It also will address how to create educational campaigns and outreach to disseminate information about complementary and alternative healing practices in the context of rigorous science. <http://www.promoteacceptance.samhsa.gov/10by10/training.aspx>

THE THIRD ANNUAL TRAUMA SPECTRUM CONFERENCE: EMERGING RESEARCH ON POLYTRAUMA, RECOVERY AND REINTEGRATION OF SERVICE MEMBERS, VETERANS AND THEIR FAMILIES

DECEMBER 7-8, 2010, BETHESDA, MARYLAND

The goal of this conference is to enhance and promote continued collaboration among the Department of Defense (DOD), NIH, the Veterans Administration (VA), and key stakeholders such as researchers, academics, other Federal partners, and military and civilian personnel dedicated to improving the lives of service members, veterans, and their families.

<http://www.dcoe.health.mil/Training/UpcomingConferences.aspx>

2010 JOINT MEETING ON ADOLESCENT TREATMENT EFFECTIVENESS: JOINING WITH FAMILIES, YOUTH, AND COMMUNITIES TO PROMOTE AND IMPROVE ADOLESCENT ALCOHOL AND OTHER DRUG TREATMENT AND RECOVERY

DECEMBER 14-16, 2010, BALTIMORE, MARYLAND

SAMHSA has issued a call for presentations for the upcoming 2010 Joint Meeting on Adolescent Treatment Effectiveness (JMATE). Co-sponsored by the Office of Juvenile Justice Delinquency and Prevention and other SAMHSA partners, JMATE seeks to enhance adolescent substance abuse treatment and recovery by providing a forum for the exchange of information among researchers, practitioners, youth and their families, policymakers, and community members. <http://www.jmate.org/jmate2010/Presentations.aspx>

2011 DOD/VA ANNUAL SUICIDE PREVENTION CONFERENCE: ALL THE WAY HOME: PREVENTING SUICIDE AMONG SERVICE MEMBERS AND VETERANS

SAVE THE DATE: MARCH 14-17, 2011, BOSTON, MA

The 2011 DOD and VA Annual Suicide Prevention Conference is planned for March 2011 in Boston, Massachusetts. <http://www.dcoe.health.mil/Events/UpcomingConferences.aspx>

CALLS FOR PUBLIC INPUT

COMMENTS SOUGHT FOR AHRQ EFFECTIVE HEALTH CARE PROGRAM REPORTS

The Agency for Healthcare Research and Quality (AHRQ) Effective Health Care Program encourages the public to participate in the development of its research projects. The Program uses these comments to help focus the research and ensure that the final comparative effectiveness reviews answer the most important questions that clinicians, patients, consumers, and policymakers have about a given treatment, test, or procedure. The Program is currently seeking comments for:

DRAFT REPORT: NONPHARMACOLOGIC INTERVENTIONS FOR TREATMENT-RESISTANT DEPRESSION IN ADULTS (DEADLINE FOR COMMENTS IS DECEMBER 6, 2010)

<http://www.effectivehealthcare.ahrq.gov/index.cfm/search-for-guides-reviews-and-reports/?pageaction=displayProduct&productID=574>

DRAFT REPORT: COMPARATIVE EFFECTIVENESS OF FIRST AND SECOND GENERATION ANTIPSYCHOTICS IN THE PEDIATRIC AND YOUNG ADULT POPULATIONS (DEADLINE FOR COMMENTS IS DECEMBER 21, 2010)

<http://www.effectivehealthcare.ahrq.gov/index.cfm/research-available-for-comment/comment-draft-reports/?pageaction=displayDraftCommentForm&topicid=147&productID=585>

ONC REQUESTS YOUR COMMENTS ABOUT PERSONAL HEALTH RECORDS

The Office of the National Coordinator for Health Information Technology (ONC) is soliciting public comments on personal health records in conjunction with ONC's upcoming roundtable discussion, *Personal Health Records—Understanding the Evolving Landscape*. Comments don't have to be restricted to behavioral health, but can address health care issues in general such as privacy and security, consumer expectations, and non-covered entities. Deadline for public comment: December 10, 2010.

http://healthit.hhs.gov/blog/phr-roundtable/?page_id=18

FDA SOLICITING PUBLIC COMMENT ON NEW CIGARETTE PACKAGING LABELS

The U.S. Food and Drug Administration (FDA) is soliciting public comment on proposed new warning labels for cigarette packages and advertising. FDA issued a proposed rule, *Required Warnings for Cigarette Packages and Advertisements*, proposing to modify the required warnings that appear on cigarette packages and in cigarette advertisements. These new required warnings would consist of nine new textual warning statements accompanied by color graphics depicting the negative health consequences of smoking. Deadline for public comment: January 11, 2011.

<http://www.fda.gov/TobaccoProducts/Labeling/CigaretteProductWarningLabels/default.htm>

CLINICAL TRIAL PARTICIPATION NEWS

NIMH: BIPOLAR DISORDER (PEDIATRIC) RESEARCH STUDY: CHARACTERIZATION AND PATHOPHYSIOLOGY OF SEVERE MOOD AND BEHAVIORAL DYSREGULATION IN CHILDREN AND YOUTH

This study seeks to describe and follow the symptoms of severe mood and behavioral dysregulation in children and adolescents and to understand the brain mechanisms that cause it. This study has two parts, and a child may participate in one or the other part. Part A involves hospitalization or Day Treatment with gradual tapering of medication followed by extensive behavioral testing and brain imaging while medication-free. Part B includes only the testing and brain imaging, without treatment. Children and adolescents with mood and behavioral dysregulation display chronic anger, sadness, or irritability, as well as hyperarousal (such as insomnia, distractibility, hyperactivity) and extreme responses to frustration (such as frequent, severe temper tantrums). Study participants, ages 7 to 17, will be followed over time and their symptoms compared with those of children with bipolar disorder and healthy volunteers. Participants in the treatment study will have any current medications gradually withdrawn over 2- to 8-weeks while inpatients at the NIH Clinical Center. Depending on clinical severity and whether they live locally to the NIMH, participants will either remain on the inpatient unit during the study, or can attend the Behavioral Pediatrics Day Treatment Center. Structural magnetic resonance imaging (MRI) and functional MRI (fMRI) scans will be obtained to learn about brain structure and function. In addition, participants will receive extensive behavioral testing. Following the medication-free period, patients will be offered standard medications that may be helpful based on the clinical judgment of the treatment team, parents, and outside providers. Participants will be asked to return once every two years for follow-up visits. All procedures and medications associated with the research are provided at no cost to participants, and transportation expenses are reimbursed by NIMH. Schooling will be provided while on the inpatient unit or in day treatment. Participants must be in treatment with a psychiatrist for mood dysregulation. Those in the longitudinal follow-along study are treated exclusively by their own local physicians. To find out about qualifying or for more information, please call (301) 496-8381 or email us at bipolarkids@mail.nih.gov.

For more information on research conducted by the National Institute of Mental Health in Bethesda, MD click here <http://patientinfo.nimh.nih.gov>

FUNDING INFORMATION

HRSA: SCHOOL MENTAL HEALTH PROGRAM AND POLICY ANALYSIS CENTER

<https://grants.hrsa.gov/webExternal/SFO.asp?ID=ED71B500-2C52-467B-963C-DB5BDA9D2D2C>

NIH BASIC BEHAVIORAL AND SOCIAL SCIENCE OPPORTUNITY NETWORK (OPPNET) SHORT-TERM MENTORED CAREER DEVELOPMENT AWARDS IN THE BASIC BEHAVIORAL AND SOCIAL SCIENCES FOR MID-CAREER AND SENIOR INVESTIGATORS

<http://grants.nih.gov/grants/guide/rfa-files/RFA-DE-11-003.html>

OUTCOME MEASURES FOR USE IN TREATMENT TRIALS FOR INDIVIDUALS WITH INTELLECTUAL AND DEVELOPMENTAL DISABILITIES

<http://grants.nih.gov/grants/guide/pa-files/PA-11-045.html>

INTEGRATING COMPARATIVE EFFECTIVENESS RESEARCH FINDINGS INTO CARE DELIVERY THROUGH ECONOMIC INCENTIVES

<http://grants.nih.gov/grants/guide/rfa-files/RFA-RM-11-001.html>

THE MARKET FOR LONG-TERM CARE INSURANCE

<http://grants.nih.gov/grants/guide/rfa-files/RFA-RM-11-002.html>

INSTITUTIONAL CLINICAL AND TRANSLATIONAL SCIENCE AWARD

<http://grants.nih.gov/grants/guide/rfa-files/RFA-RM-10-020.html>

LIMITED COMPETITION: BRAIN DISORDERS IN THE DEVELOPING WORLD: RESEARCH ACROSS THE LIFESPAN

<http://grants.nih.gov/grants/guide/pa-files/PA-11-030.html> (R01)

<http://grants.nih.gov/grants/guide/pa-files/PA-11-031.html> (R21)

PRECLINICAL RESEARCH ON MODEL ORGANISMS TO PREDICT TREATMENT OUTCOMES FOR DISORDERS ASSOCIATED WITH INTELLECTUAL AND DEVELOPMENTAL DISABILITIES

<http://grants.nih.gov/grants/guide/pa-files/PA-11-038.html>

UNDERSTANDING AND TREATING CO-MORBID CONDITIONS IN ADOLESCENTS WITH INTELLECTUAL AND DEVELOPMENTAL DISABILITIES

<http://grants.nih.gov/grants/guide/pa-files/PA-11-039.html> (R01)

<http://grants.nih.gov/grants/guide/pa-files/PA-11-040.html> (R03)

<http://grants.nih.gov/grants/guide/pa-files/PA-11-041.html> (R21)



The **Outreach Partnership Program** a nationwide outreach initiative of the National Institute of Mental Health (NIMH) that enlists state and national organizations in a partnership to help close the gap between mental health research and clinical practice, inform the public about mental illnesses, and reduce the stigma and discrimination associated with mental illness. For more information about the program please visit: <http://www.nimh.nih.gov/outreach/partners>. To subscribe to receive the **Update** every two weeks, go to: <http://www.nimh.nih.gov/outreach/partnership-program/subscribe-to-the-update.shtml>

The information provided in the **Update** is intended for use by NIMH Outreach Partners, National Partners and their associates for the express purpose of exchanging information that may be useful in the development of state and local mental health outreach, information, education and partnership programs.